



MTS NEWS

MONTHLY NEWSLETTER

JUNE 2023

BARNALA, PUNJAB



"Recognized for Empowering 500 Individuals with Energy Literacy: Silver Certificate of Appreciation received by MTS from Energy Swaraj Foundation"

Mother Teacher School, a dedicated organization always working for society's upliftment and spreading awareness towards energy literacy, was recently honored by Energy Swaraj Foundation, initiated by Adina Group of Institutes, with a Silver Certificate of Appreciation. MTS successfully achieved the remarkable feat of making 500 individuals energy literate, empowering them with essential knowledge on energy consumption and conservation. The organization's commitment to enhancing awareness about sustainable energy practices has greatly contributed to building a more energy-conscious society. Through comprehensive training programs and informative sessions, MTS effectively disseminated valuable insights on energy efficiency, renewable sources, and responsible consumption. This recognition highlights MTS's significant impact in equipping people with the necessary skills to make informed choices regarding energy usage, thereby fostering a greener and more sustainable future for all.



Panel Discussion on School Quality Assessment & Assurance (SQAA)

MTS organized a panel discussion on School Quality Assessment and Assurance (SQAA) on 1st June, 2023 for the teaching staff and member schools of Hub of Learning, with great enthusiasm and participation. The event aimed to enhance the understanding of educators and administrators regarding quality assurance in educational institutions. Various expert speakers from all the wings shared valuable insights on assessing and improving school quality through effective strategies and methodologies. The importance of SQAA in fostering student growth and development was highlighted, emphasizing the need for continuous evaluation and enhancement of teaching methods, curriculum, and infrastructure. Attendees actively participated in interactive sessions, exchanging ideas and best practices to promote quality education. The seminar successfully created awareness about SQAA, equipping the participants with tools and knowledge to implement quality assessment practices in their respective schools, ultimately ensuring a conducive learning environment for students. The school Principal Daljeet Singh appreciated the knowledge and efforts of the teachers and Coordinators, who made this seminar informative and valuable.

An Investment in
Knowledge
pays the
Best Interest.
- Benjamin Franklin





**Runathon
June 4, 2023**

Mother Teacher's School Barnala's management committee members Chairman Mr. Kapil Mittal and President Mrs. Nishi Mittal in collaboration with the President of 'Barnala Cycling Club' Dr. Puneet Bansal, Coordinator Mr. Rahul Menon and Organizer Mr. Pradeep Mittal successfully organized a Runathon in two categories: 5 km and 10 km on Sunday, June 4, 2023. The runathon started after the Mashal Lightening ceremony by the Health Minister, Punjab Mr. Meet Hayer at 5:30 AM and witnessed a tremendous turnout of participants from various age groups and backgrounds. In this Runathon, A.D.C., S.S.P., C.I.A. Staff Inspector, Principal Mr. Daljeet Singh, School Coordinator, teachers, students and around 1000 people from the city participated in this Runathon.

The event aimed to promote fitness and encourage a healthy lifestyle among the students, parents, and the local community. It fostered community engagement, and supporting charitable initiatives. It served as a testament to the school's commitment to holistic education and the well-being of its students and the local community.

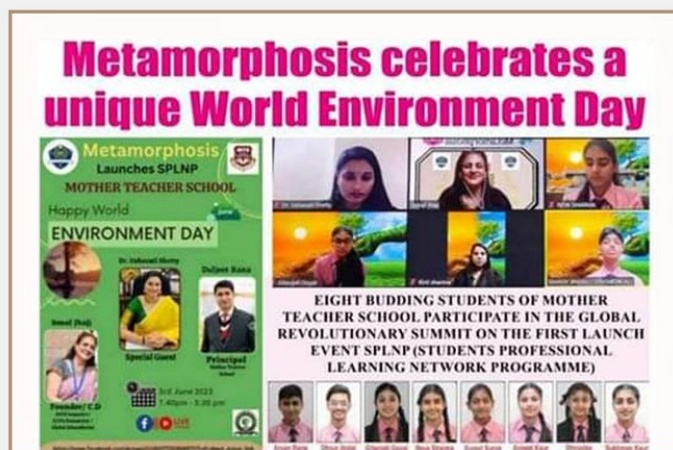
The Runathon route for both categories began and ended at Mother Teacher School. The course took participants through the scenic roads of Barnala, showcasing the town's beauty and providing a refreshing experience for the runners. Water and aid stations were set up at regular intervals along the route to ensure the participants' well-being and hydration. Both the routes were designed ensuring the safety of the participants.

The participants displayed remarkable endurance and enthusiasm throughout the race.

The event management team ensured the availability of medical personnel and ambulances stationed at different checkpoints to address any medical emergencies promptly. Volunteers were also present throughout the route to guide and motivate the participants.

To acknowledge the participants' efforts and motivate them further, the event organizers arranged a prize distribution ceremony at the conclusion of the runathon. Trophies, medals, and certificates were awarded to all the participants in each category.

Such events organized by Mother Teacher School had several positive outcomes for the participants and the community. It promoted physical fitness, instilled a sense of discipline and perseverance, and created awareness about the importance of leading a healthy lifestyle. The event also encouraged camaraderie and community bonding.



**Metamorphosis Joins Hands with MTS
Launching 1st ever SPLNP(Students Learning Network Programme)
June 5, 2023**

World Environment Day is celebrated throughout the world on 5th June, 2023 to spread awareness among people about conserving the earth and the environment. This time, MTS celebrated the Environment Day in collaboration with Metamorphosis through online mode under SPLNP(Students Professional Learning Network Programme). Eight students, Reya Sharma and Suhavi Surya (Class IX), Aryan Rana and Dhruvika (X Class), Sukhman Kaur and Geetanjali (IX Class), Dhruv Jindal and Avneet Kaur (XII Medical) were assigned different topics related to Environment. Under the guidance of Ms. Homika Sharma and Ms. Kirti Sharma, the students extensively researched and presented themselves through Speech, powerpoint presentations, videos, photographs, posters and participated with full enthusiasm and zeal. The students delivered their best. The session was LIVE throughout from 7:45pm to 9pm. It was a great session where all the participants inspired the live audiences and motivates them to do their part in saving the Environment. The winners for the event were Dhruv Jindal and Dhruvika who bagged first position followed by Reya Sharma at second position and Sukhman Kaur won third position. The Principal Mr. Daljeet Rana paid gratitude to Sonal Jhaggi (Founder Metamorphosis) and Dr. Ushavatti Shetty (the Judge for the event) for this wonderful session.



“Dancing Dynamo: Champion of the Floor”

Sukriti Arora, a talented dance enthusiast and student of MTS, has achieved a significant milestone by securing a place in the fourth round of the popular dance competition "Kis Mae Kitna Hai Dum." This thrilling reality TV show airs on DD1 channel and is known for its high energy and fierce competition. Sukriti's exceptional dancing skills and dedication have earned her recognition among the judges and viewers alike. With each round, she has captivated the audience with her mesmerizing performances. In words of honourable Principal of MTS, Daljeet Singh, Sukriti's success in making it to the fourth round is a testament to her hard work, perseverance, and passion for dance. She is undoubtedly a force to be reckoned with in the competition, and her journey promises to be exciting and inspiring. The school Management congratulated Sukriti and her parents and wished for her success.



Champion of the Minds: Triumph in the SOF Competition

Motherites Divanshi Aggarwal, Agamveer Partap, Paramveer Partap, Kaavesh Gupta, Udayveer Singh and Lukeshpreet Singh have displayed exceptional performance in the Zonal level SOF competitive exams, showcasing their dedication and academic prowess and received certificates of excellence. These young achievers have consistently set a high benchmark in various subjects, proving their mettle in the realm of intellectual pursuits. With their exceptional knowledge and skills, Motherites have clinched numerous accolades and secured top positions in the highly competitive exams. Their consistent hard work, perseverance, and guidance from the school have contributed to their remarkable achievements. Motherites have demonstrated an excellent understanding of concepts, critical thinking abilities, and problem-solving skills, enabling them to excel in the challenging examinations. According to the school Principal Daljeet Singh, their success serves as an inspiration to their peers and stands as a testament to the school's commitment to fostering academic excellence.

Importance of Computer Literacy Among Young Children

By: Aryan Rana

Technology has set foot in every facet of our lives. Computers and the technologies associated with them have become an indispensable part of our education as well. Schools are reforming the way they teach their students by integrating technology into the realm of education. There is no doubt that computers and their technologies have enhanced teaching and learning in schools. Hence, the importance of computer literacy has soared over the years and it has become essential to make students computer literate. Computer literacy enables students to make use of the online learning platforms that are available on the internet. There are a number of learning platforms and doubt-solving platforms available for students and also they can connect with experts on the internet to learn more about their learning concepts. Computer literacy is important for a number of reasons: Many jobs require the use of computers in some form. For example, office work is mostly based around a computer. Having basic computer literacy skills can help children move onto more advanced skills such as programming. We're living in a fast-paced environment where technological devices are being used for more reasons than ever. Computer literacy is a necessity for students, especially from school time onwards. During the time of the pandemic, schools implemented Minimal usage of books. It is a requirement for students to have and access a computer or tablet for browsing, searching, and serving as an e-Book. Computers and the internet help students to discover creativity and imagination. Understanding technologies is one of the many uses of computers. There is a saying that students are future leaders for any nation.



Being computer literate is important as it opens up more job opportunities, helps in staying up to date, it is a cheap way to communicate, it enhances professionalism, helps in better record keeping and makes transactions more convenient. Almost all workplaces and businesses have embraced the use of computers in one way or another meaning it is almost impossible not to encounter a computer in everyday life.

Time Management



Rajni Sharma | Coordinator

"If you love life, don't waste time, for time is what life is made up of" Bruce Lee. In today's fast-paced world, effective time management has become more crucial than ever. With the abundance of distractions and responsibilities demanding our attention, mastering the art of time management is the key to success. By optimizing our use of time, we can enhance productivity, reduce stress, and achieve a healthy work-life balance.

Time management begins with setting clear goals. By defining your objectives and priorities, you can allocate your time more efficiently. Break down your goals into smaller, actionable tasks and create a schedule or to-do list to keep track of them. Prioritize tasks based on their urgency and importance, ensuring that you tackle the most critical ones first.

To avoid becoming overwhelmed, learn to delegate tasks whenever possible. Delegation not only lightens your workload but also empowers your team members to develop their skills and take on responsibilities.